

SUMMER CAMP DOWNTOWN JEWISH
JUNE 2023

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
JUN 19 Penne pasta alfredo Garlic Bread Mixed veggie Fruit	JUN 20 Chicken sautéed. White rice Green Beans Fruit	JUN 21 Fish sticks French Fries Peas and Carrots Fruit	JUN 22 Ground Beef Chili White rice Carrots Fruit	JUN 23 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
JUN 26 Pasta parmesan cheese Garlic bread Lima Beans Fruit	JUN 27 Chicken Nuggets Roasted Potatoes Corn Fruit	JUN 28 Mac & cheeses Garlic Bread Peas and carrots Fruit	JUN 29 Ground Turkey White rice Green Beans fruit	JUN 30 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
JULY 3 Baked ziti Garlic bread Peas and carrots Fruit	JULY 4 NO CAMP	JULY 5 Fish Sticks Tater tots Corn Fruit	JULY 6 Meatballs marinara White Rice Green Beans Fruit	JULY 7 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
JULY 10 Pasta Alfredo Garlic bread Peas and carrots Fruit	JULY 11 Ground Turkey White Rice Mixed veggie Fruit	JULY 12 Cheese Ravioli Garlic bread Lima Beans Fruit	February 9 Grill Chicken strips White Rice Green Beans Fruit	JULY 14 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
JULY 17 Penne pasta Parmesan Garlic Bread Mixed veggie Fruit	JULY 18 Chicken sautéed. White rice Green Beans Fruit	JULY 19 Fish sticks Sweet Potatoes Fries Peas and Carrots Fruit	JULY 20 Ground Beef White rice Carrots Fruit	JULY 21 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
JULY 24 Baked ziti Garlic bread Peas and carrots Fruit	JULY 25 Veggie Nuggets Tater Tots Mixed Veggies Fruit	JULY 26 Mac & cheeses Garlic Bread Green Beans Fruit	JULY 27 Fish Sticks White Rice Mixed Veggies Fruit	JULY 28 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie